Autumn Menu 2026 - Week 3

Menu No	Breakfast	Morning Snack	Children's Menu – Lunch	Vegetarian Option	Second Dish	Mid Afternoon Snack	Children's Menu – Tea	Vegetarian Option
Monday	Choice of cereals with a selection of fruit. All served with either Cow's Milk or a dairy free option until 8.30am **G/M**	Free flow snack will operate between 9.30am and 10.00am within the all the rooms. This will be fruit, vegetable crudities and/or breadsticks **G/M**	Mixed bean chilli with rice	Same as main menu	Seasonal fruit salad	Cheese cubes with pear fingers **M**	Sandwich selection with tuna mayo or cheese and ham **G/F/M/E/S**	Cheese sandwiches **G**
Tuesday			Salmon & broccoli pasta bake **F/E/M/G**	Vegetable pasta bake **E/M/G**	Garlic bread ciabatta fingers **G/M**	Rice cakes with a minty dip and carrot baton **S/M**	Tomato and cheese pinwheels with baked beans **G/M**	Same as tea menu
Wednesday			Shepherd's pie with peas **M**	Lentil Shepherd's pie with peas **M**	Greek yoghurt with mixed berry compote **M**	Crispbreads with pepper sticks **S/G**	Vegetable frittata and crusty bread **E/M/G**	Same as tea menu
Thursday			Chicken and sweetcorn pie with roast potatoes and carrots **G/C**	Quorn and sweetcorn pie with roast potatoes and carrots **E/G/C**	Homemade Flapjack **M/G**	Oat cakes and banana fingers **G/M**	Macaroni cheese **M/E**	Same as tea menu
Friday			Savoury mince, mixed veg with potatoes **E/M/G/C/S**	Quorn Savoury mince, mixed veg with potatoes **E/M/G/C/S**	Yorkshire puddings with onion gravy **C/E/M/S**	Guacamole with pitta slices **G**	Cheesy Jacket potatoes with cucumber sticks **M**	Same as tea menu **M**

Allergens C = Celery CS= Crustaceans/Shellfish E= Eggs F=Fish G= Glutens L=Lupin M=Milk MC= Molluscs MD=Mustard P=Peanuts SS=Sesame S=Soybeans SD=Sulphur dioxide/Sulphites TN=Tree nuts

+