

Spring Menu 2026 - Week 3

Menu Week 3	Breakfast	Morning Snack <i>All served with milk/water</i>	Children's Menu – Lunch	Vegetarian Option	Second Dish	Mid Afternoon Snack <i>All served with milk/water</i>	Children's Menu – Tea	Vegetarian Option
Monday			Sweet & sour chicken with egg fried rice E	Sweet & sour Quorn chicken with egg fried rice E	Prawn crackers CS/E	Buttered Crispbreads with cucumber M/G	Jacket potatoes with Cheese M	Same as tea menu
Tuesday	Choice of cereals with a selection of fruit. All served with either Cow's Milk or a dietary option	Free flow snack will operate between 9.30am and 10.00am within all the rooms. This will be fruit, vegetable crudities and/or breadsticks G/M	Mediterranean veg pasta bake G	Same as lunch menu	Apple, peach & apricot crumble with custard M/G	Beetroot dip with pitta fingers G	Sausage hotpot G/SD/C	Quorn sausage hotpot G/E/C
Wednesday			Spinach and sweet potato lentil dahl C	Same as lunch menu	Chapatti with raita dip G/M	Rice cakes & pineapple fingers S	Tuna cakes with veg sticks F/M/G/E	Sweet potato & chickpea cakes with veg sticks M/G
Thursday			Fish pie with mash potatoes peas and sweetcorn F/M/G	Vegetable pie with mash potatoes, peas and sweetcorn M/G	Greek yogurt with berry compote M	Melon & mango kebabs	Chicken fajita wraps G	Quorn chicken fajita wraps G/E
Friday			Chilli con carne with rice	Plant based chilli con carne with rice	Soft taco shells G	Breadsticks with sour cream & chive dip G/M	Cheese & ham muffin pizzas M/G/S	Cheese & tomato muffin pizzas M/G

Allergens C = Celery CS= Crustaceans/shellfish

E= Eggs F=Fish G= Glutens L=Lupin M=Milk MC= Molluscs

MD=Mustard

P=Peanuts

SS=Sesame

S=Soybeans

SD=Sulphur dioxide/Sulphites

TN=Tree nuts