



## Minibugs Nurseries Ltd Spring Menu 2025 - Week 1

Menu No	Breakfast <i>Served between 7:30am and 8:45am</i>	Morning Snack <i>Served at 9:30am</i>	Children's Menu – Lunch  <i>Served at 12pm</i>	Vegetarian Option	Pudding	Mid Afternoon Snack  <i>Served between 2pm and 2:30pm</i>	Children's Menu – Tea  <i>Served at 4pm and followed by Greek Yoghurt or fruit</i>	Vegetarian Option
<b>Monday</b>	Choice of cereals that include Weetabix, Rice Crispies and Shreddies, with a selection of fruit.  All served with either Soya or Cow's Milk	Free flow snack will operate between 9.30am and 10.00am within the all the rooms. For snack, there is fruit served and a choice of water, soya or cow's milk to drink	Mixed bean chilli with rice	Same as main menu	Vanilla sponge and custard	Free flow snack will operate between 2.30pm and 3.00pm within the all the rooms. For snack, there is a choice of breadsticks served with fruit/veg and a choice of water, soya or cow's milk to drink	Crustless vegetable quiche and beans	Same as menu
<b>Tuesday</b>			Shepherd's pie with roasted carrots and peas	Quorn mince pie With roasted carrots and peas	Oaty flapjack		Mini cheese Pizza with pepper sticks	Same as main menu
<b>Wednesday</b>			Mushroom and beef stroganoff with noodles	Mushroom and vegetable stroganoff with noodles	Fruit salad and yoghurt		Tuna pitta pockets with potato wedges	Soft cheese wraps with carrot sticks
<b>Thursday</b>			Potato and lentil curry with naan bread	Same as main menu	Blueberry muffins		Cheese and tomato pasta bake	Same as main menu
<b>Friday</b>			Fishcakes with peas and sweetcorn	Potato rosti, peas and sweetcorn	Lemon cheesecake With a gingerbread biscuit base		Spring rice with peas, sweetcorn, courgette and roasted peppers	Same as main menu

\*For Lunch & Tea - Please see the daily menu for details of meals provided, fruit is served after lunch and all dietary needs are catered for and alternative ingredients will be used to ensure these needs are met. However, children will still be served a dish that is similar in appearance to the main children's menu. All children are offered a drink of fresh water at lunchtime in an age appropriate cup.

\*\*Menu for 9 months +