

Autumn Menu 2024 - Week 3

Menu No	Breakfast	Morning Snack	Children's Menu – Lunch	Vegetarian Option	Pudding	Mid Afternoon Snack	Children's Menu – Tea	Vegetarian Option
Monday	Choice of cereals with a selection of fruit. All served with either Cow's Milk or a dairy free option until 8.30am	Free flow snack will operate between 9.30am and 10.00am within the all the rooms. This will be fruit, vegetable crudities and/or breadsticks	Savoury mince, mixed veg with Yorkshire puddings	Quorn meat option	Seasonal fruit salad	Free flow snack will operate between 9.30am and 10.00am within the all the rooms. This will be fruit, vegetable crudities and/or breadsticks	Pitta pockets with tuna or vegetable crunch	Pitta with vegetable crunch
Tuesday			Vegetable pasta bake with garlic bread	Same as main menu	Orange sponge slices		Tomato and cheese pinwheels with baked beans	Same as tea menu
Wednesday			Fish pie with peas and carrots	Vegetable pie peas and carrots	Greek yoghurt with mixed berry compote		Homemade veg soup Bread rolls	Same as tea menu
Thursday			Chicken and sweetcorn pie with mashed potato And gravy	Quorn and sweetcorn pie with mashed potato and veg gravy	Oaty flapjack		Homemade cheese and tomato pizza	Same as team neu
Friday			Mixed bean chilli with rice	Same as main menu	Apple crumble and custard		Jacket potato with either tuna / cheese /beans	Jacket potato with cheese or beans

*For Lunch & Tea - Please see the daily menu for details of meals provided, fruit is served after lunch and all dietary needs are catered for and alternative ingredients will be used to ensure these needs are met. However, children will still be served a dish that is similar in appearance to the main children's menu. All children are offered a drink of fresh water at lunchtime in an age appropriate cup.

**Menu for 9 months +