

Minibugs Nurseries Ltd Spring Menu 2020

Menu No	Breakfast <i>Served between 7:30am and 8:45am</i>	Morning Snack <i>Served at 9:30am</i>	Children's Menu – Lunch <i>Served at 12pm</i>	Vegetarian / Halal Option	Mid Afternoon Snack <i>Served between 2pm and 2:30pm</i>	Children's Menu – Tea <i>Served at 4pm</i>	Vegetarian Option
1	Choice of cereals that include Weetabix, Rice Crispies and Shreddies. All served with either Soya or Cow's Milk	Free flow snack will operate between 930am and 10am within the 0-2 and 2-5 rooms. For snack, there is a choice of toast, crumpet, muffin or pancake served with fruit and a choice of water, soya or cow's milk to drink.	Tuna Pasta Bake with vegetables <i>Tuna, pasta, passata, mixed vegetables</i> Pudding: Fruit	Tuna pasta bake with vegetables <i>Tuna, pasta, passata, mixed veg</i> Pudding: Fruit	Children to bake/ cook a snack	Chicken fajitas <i>Chicken, peppers, passata, fajita mix, wraps</i>	Quorn fajitas <i>Quorn, peppers, passata, fajita mix, wraps</i>
2			Sweet and sour chicken with rice <i>Chicken, sweet and sour sauce, peppers, pineapple, rice</i> Pudding: Brownies and cream	Quorn sweet and sour chicken with rice <i>Quorn, sweet and sour sauce, peppers, pineapple, rice</i> Pudding: Brownies and cream	Mixed fruit salad	Leek and potato soup with bread <i>Leeks, potatoes, wholemeal bread</i>	Same as main menu
3			Chilli and wedges <i>Mince, onions, mushrooms, passata, chilli mix, potatoes</i> Pudding: Flapjack	Quorn chilli with wedges <i>Quorn mince, onions, mushrooms, passata chilli mix, potatoes</i> Pudding: Flapjack	Bananas and custard	Scrambled egg on toast	Same as main menu
4			Sausage with mashed potatoes and vegetables <i>Sausage, potatoes, mixed vegetables</i> Pudding: Cornflake tart and custard	Quorn sausage with mashed potatoes and vegetables <i>Quorn sausage, potatoes, mixed vegetables</i> Pudding: Cornflake tart and custard	Build your own sandwiches	Jacket potato with beans and cheese	Same as main menu
5			Pasta Bolognese with garlic bread <i>Pasta, mince, onions, passata, mushrooms, garlic bread</i> Pudding: Shortbread	Quorn pasta Bolognese with garlic bread <i>Quorn mince, pasta, onions, passata, mushrooms, garlic bread</i> Pudding: Shortbread	Rice cakes with soft cheese and veg sticks <i>Rice cakes, soft cheese, veg sticks</i>	Mackerel pasta <i>Pasta, mackerel in pasta sauce</i>	Same as main menu

*For Lunch & Tea - Please see the daily menu for details of meals provided, fruit is served after lunch and all dietary needs are catered for and alternative ingredients will be used to ensure these needs are met. However, children will still be served a dish that is similar in appearance to the main children's menu. All children are offered a drink of fresh water at lunchtime in an age appropriate cup.

**Menu for 9 months +